



Pack size
30 x 20.3 g sachets

Description

GOLIKE PURE 3+ is a Food for Special Medical Purposes in granules for oral use consisting of a prolonged-released amino-acid mixture without phenylalanine, with carnitine and taurine. It is gluten and lactose free.

Indications

For the dietary management of phenylketonuria (PKU). The product is intended for persons of 3 years of age and older.

Instructions for preparation

Pour the dose indicated by your doctor in approximately 200 ml of water (even sparkling) or other non-hot beverage and stir well before use. The product can also be added to foods with a creamy consistency: fruit smoothies, vegetable soup, fruit or vegetable purée, puddings or sweet creams (as indicated by your doctor). Take the product immediately after preparation. Take the product within 24 hours of opening the sachet.

Ingredients

L-glutamine, L-leucine, L-tyrosine, L-lysine acetate, glazing agent: ethyl cellulose; L-aspartic acid, L-proline, L-isoleucine, L-threonine, glycine, L-valine, L-arginine, L-serine, L-alanine, L-histidine, L-cystine, L-tryptophan, L-methionine, stabiliser: sodium alginate; taurine, L-carnitine.

Suggested daily dose

According to doctor's indications only, depending on age, bodyweight, medical condition and any special conditions (pregnancy and breast-feeding) of the individual.

Storage conditions

Store in a cool, dry place away from light, moisture and direct heat sources, at temperature below 25°C. The date of minimum durability refers to the product properly stored in the original packaging.

Warnings and Precautions

Diet must contain also carbohydrates, fats, proteins and other nutrients in quantities to be established by a doctor in order to meet nutritional and phenylalanine requirements. Keep out of the reach of children. Do not use in case of known or suspected allergy and/or intolerance to one or more of the ingredients. The product must be used under medical supervision. It is not suitable for use as a sole source of nourishment. It may pose a health hazard when consumed by persons who do not have phenylketonuria. Not for parenteral use. Tell your doctor if you get any side effects. Tell your doctor if you are taking, have recently taken or might take any medicines.

Shelf-life

24 months

Nutrition Declaration

	Per 100 g	Per sachet of 20.3 g
Energy	313 kcal/1326 kJ	63 kcal/269 kJ
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	0 g	0 g
of which sugars	0 g	0 g
Fibre	8.46 g	1.7 g
Protein equivalent *	74 g	15 g
Salt	0.07 g	0.014 g
Amino-acids		
L-serine	3.0 g	0.6 g
L-threonine	4.5 g	0.9 g
L-leucine	10.2 g	2.1 g
Glycine	4.5 g	0.9 g
L-alanine	2.7 g	0.5 g
L-arginine	3.6 g	0.7 g
L-cystine	1.8 g	0.4 g
L-glutamine	17.8 g	3.6 g
L-histidine	2.5 g	0.5 g
L-aspartic acid	5.3 g	1.1 g
L-proline	5.3 g	1.1 g
L-isoleucine	4.9 g	1.0 g
L-lysine	6.2 g	1.3 g
L-tryptophan	1.8 g	0.4 g
L-valine	4.5 g	0.9 g
L-methionine	1.2 g	0.3 g
L-tyrosine	8.9 g	1.8 g
Other nutrients		
Carnitine	0.10 g	0.02 g
Taurine	0.25 g	0.05 g

*1 g of protein equivalent (P.E.) = 1.2 g of amino-acids
The protein content is provided by the amino-acids.